



Post-treatment Checklist for Restylane

- After your treatment, you might have some redness and swelling. This will normally last less than seven days. Cold compress may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond seven days or other reaction or side effects occur, please contact your physician.
- Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed.
- Sunbathing and cold outdoor activities should be avoided until any redness or swelling disappear.
- If you have previously suffered from facial cold soars, there is a risk that the needle punctures could contribute to a recurrence. Speak to your physician about medications that may minimize a recurrence.
- Avoid exercise and alcohol for six hours after treatment.

*Please call us if you have any questions 650-559-9150